

August 1, 2023

August Monthly Abundance Gift (MAG)

Outreach & Witness would like to share that the Hands On Hartford MANNA Community Food Pantry will be the recipient of our MAG donations during August. The pantry is a full service shopping model food pantry, allowing clients to choose food that will suit their families' needs and tastes, minimizing food waste and maximizing nutritional value. Groceries include non-perishable staples, along with bread, milk, eggs, fresh produce and frozen meat. Halal meat is also offered so that they can assist those who keep a Halal diet.

We recently provided funds to the Rocky Hill Food Pantry and are continuing to focus on the greater community need addressing food insecurity. In 2022-2023 there has been a dramatic increase in food insecurity with the rise in inflation and the expiration of federal benefits such as the enhanced childcare credit. The Hands On Hartford pantry supports more than 800 Hartford area families each month. Another staggering statistic is that twelve percent of the population, or about 425,000 people in CT are food-insecure (down from a peak of 580,000 during the pandemic. There is a lot of work to do.

Many food items are provided to the pantry from CT Foodshare but HOH is having a hard time getting hold of particular items from this source. If anyone wants to make donations of food rather than, or in addition to, a monetary donation, here are a list of items that would be appreciated:

- Soup – other than chicken noodle
- Cereal or Oatmeal
- Beans – other than black beans
- Canned veggies – other than green beans
- Peanut Butter
- Jelly
- Pasta Sauce

Also needed are toiletries such as shampoo, conditioner, soap, deodorant, feminine products etc.

Thank you in advance for your support of this very worthy and needed endeavor.

Sue Chatfield for
Outreach & Witness